

ANTI-ACNE, DEEP EXFOLIATION & BLACKHEAD EXTRACTION FACIAL

Do you have oily, congested skin and wondering what the best exfoliating facial is? Or are you concerned about blocked pores and looking for a blackhead removal facial? If so then our Anti-acne, blackhead extraction facial which is hugely popular at The Massage Hut & Spa is the ideal facial for you!

anti-acne facial is a deep exfoliating, extraction facial offering a deep skin cleanse, exfoliation followed by thorough blackhead removal. It is suitable for those with oily skin, blocked or enlarged pores, those suffering from the occasional breakout and even those looking to spring clean their skin for smooth, clear skin.

Our anti-acne facial is hugely popular and involves a deep-cleansing facial scrub, **microdermabrasion**, and manual blackhead extraction followed by the application of anti-breakout products. We use only the **best facial exfoliators** with premium products and the most advanced diamond microdermabrasion to offer a medical-grade exfoliation experience and leave your skin looking clearer, fresher, and more even in texture.

This 60-minute facial involves the following steps:

- Double cleanse with medical exfoliators
- Microdermabrasion treatment using diamond microdermabrasion
- Mini-peel, exfoliator, or steam treatment (depending on skin type) applied to aid to draw blackheads out of the skin
- Manual blackhead extraction if possible
- Application of anti-acne products immediately after treatment

FREE SKIN CONSULT AND MEDICAL SKIN PRODUCT RECOMMENDATION ON THE DAY OF TREATMENT

It is essential after your anti-acne, deep exfoliation, and blackhead extraction facial that you use the correct skincare as this facial alone will not prevent future congestion and oil production – to permanently solve the problem of oily skin and blackheads you need to use the correct products at home and have this facial every 4-6 weeks.

Your aesthetic skin specialist performing your **blackhead removal and facial extraction** will be able to recommend medical skincare products to enhance the results by drawing blackheads out of the skin further, ensuring your skin cells continue to exfoliate even after treatment and prevent further blackheads.

To ensure the best results and avoid irritation, please refrain from using any active ingredients for 3 days before and after your facial. Active ingredients include benzoyl peroxide, retinol, salicylic acid, glycolic acid, and vitamin C serum. We recommend using only a gentle cleanser and a gentle moisturiser during this period.

IS ANTI-ACNE, BLACKHEAD EXTRACTION FACIAL THE RIGHT TREATMENT FOR ME?

This facial is suitable if you have oily or congested skin which is prone to blocked pores or blackheads and occasional breakouts.

Other treatments may be more suitable if you have:

- **Active acne (mild or moderate)** – If you have active breakouts then we recommend the Chemical Peel is a slightly stronger treatment that is incredibly good for acne-prone skin. It will reduce breakouts as well as fade any marks on the skin caused by previous spots. It will also give the skin a glow.

DEEP EXFOLIATION FAQS

HOW MANY TREATMENTS WILL I NEED?

Depending on your skin concern, most people with oily, congested and blackhead prone skin require a deep exfoliating and blackhead removal facial every 4-6 weeks to prevent congestion or blocked pores. It is also essential that you use the correct medical skin products, and our advanced skin therapist can recommend you on which products you need on the day of treatment.

WILL THIS TREATMENT SHRINK MY PORES?

It will help, but to shrink already enlarged pores is a difficult thing to achieve. If the pore size is your main concern, then you are likely to need a combination of medical skincare products plus this anti-acne facial every 6 weeks to clean out the pores. The combination will reverse any stretching to pores and give amazing pore-less looking skin. Your skin therapist will be able to discuss with you during your skin analysis how these treatments can be combined.

SHOULD I EXFOLIATE MY SKIN IF I HAVE ACNE?

Exfoliation is very important for treating acne and blackheads. Using a blackhead removal facial or facial for acne helps remove dead skin which helps reduce bacteria thriving on them.

ARE THERE ANY SIDE EFFECTS?

Possible side effects include redness, irritation, and dryness in the treated area, but these are usually mild and tend not to last long. Most clients can return to work or daily activities immediately after treatment. A full list of possible risks and side effects will be discussed during your face-to-face consultation.

WHO CAN HAVE THIS TREATMENT?

Suitable for both males and females and all ethnicities.

WHO SHOULD NOT HAVE THIS TREATMENT?

If you have dry and overly sensitive skin, then this is not the best facial for you. Your therapist will be able to advise which facial is best for your skin during your skin analysis consultation.