

DERMAPLANING

Dermaplaning offers an effective alternative to microdermabrasion. It involves a unique method of eliminating dead skin from the skin's surface and can be particularly beneficial for sensitive skin.

Initially, facial hair is removed, followed by the removal of dry skin.

Dermaplaning can be performed as a standalone treatment or as part of a comprehensive skincare regimen, such as before chemical peels or other facial treatments, to enhance their effectiveness.

The procedure is painless and generally well-tolerated, with minimal risk of side effects when performed by a trained skincare professional.

WHO CAN BENEFIT?

Dermaplaning is suitable for all skin types, including sensitive skin, and can be performed on the face, neck, and sometimes other areas of the body. This treatment is highly suitable for individuals who are pregnant or nursing and seek deep exfoliation without the use of peeling agents.

Additionally, it is a favoured choice for those with excess "vellus hair" (short, soft facial hairs). Such hairs can often lead to the accumulation of dirt and oils in the follicles. Removing them can result in healthier, brighter-looking skin and can enhance makeup application by preventing it from adhering to the soft hair. Regular dermaplaning treatments can help minimise the appearance of fine lines and wrinkles, as well as other signs of aging, by promoting collagen production and skin renewal.

WILL THE HAIR GROW BACK HEAVIER?

No, there is no need to be concerned about the hair growing back thicker or darker post-dermaplaning. Superficial facial hair will regrow at the same rate and texture as before the treatment. For instance, upper lip hair can be waxed or plucked beforehand if desired, or alternatively, this area can be omitted during the treatment if the client does not typically engage in hair removal in that area.

HOW MANY TREATMENTS DO I NEED?

Unlike some skincare treatments that may require multiple sessions to see results, dermaplaning often provides instant gratification, with noticeably smoother and brighter skin immediately after the treatment.